



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# EXPLORING NATURE TOGETHER

Adventure Guides 2012-2013  
SOUTHWEST YMCA



# ADVENTURE GUIDES: OVERVIEW

## What is YMCA Adventure Guides?

The YMCA Adventure Guides program is designed to assist fathers (or other significant male adults in the children's lives) and their child on a journey of discovery. We see tremendous value in supporting and strengthening the ability of a father and his child to communicate at an early age in ways that are caring, honest, respectful, and responsible. Together you will learn about nature, about history, about yourselves, but most importantly, about each other as you grow and learn together! Don't miss out on this amazing once in a lifetime opportunity.

## Who Can Participate?

YMCA Adventure Guides is for fathers (or other significant male adults in the children's lives) and their children, ages five through eleven. The adult and child must attend program activities together as a pair. In the YMCA Adventure Guides, the adult is the Guide, and the child is the Explorer. Southwest YMCA Adventure Guides are divided by gender into fathers-daughters or father-sons Circles and Expeditions.



## YMCA Adventure Guide Activities

A small group of father-child pairs called a Circle, meet on a regular basis in each other's homes or at the Southwest YMCA. The frequency and dates of these meetings vary from Circle to Circle. Typical activities include ceremonies, games, crafts, songs, stories, and skits. Several Circles come together to participate in larger activities such as campouts, parties, or parades. These groups are called Expeditions. The core of the YMCA Adventure Guides program is Circle and Expedition meetings and adventures.

## Finding a Circle

If you are filling out this registration form and already have a Circle you are joining, please fill out that Circle name and Expedition name on the registration form. If you are new to YMCA Adventure Guides, Southwest YMCA Staff will match your child with a Circle of peers from the same school or neighborhood. Please contact our staff if you have special concerns and/or requests.



## Program Fees

Our program fee for each father/child pair is \$75. The fee for each additional child is \$50 per child. If you are not already a YMCA of Silicon Valley Facility Member or Program Member, there is a yearly Program Membership fee of \$25 per child which is good for one year and valid for all YMCA programs.

YMCA Adventure Guide fees include:

- ◆ Program T-shirts for adult and child
- ◆ Compass patch
- ◆ A program book
- ◆ The administrative support of Southwest YMCA and YMCA of Silicon Valley Staff

Expeditions will have their own additional Expedition or campout fees. These vary from Expedition to Expedition. Your Navigator (Circle Leader) or Treasure Keeper (Circle Treasurer) will provide more information.

## Financial Assistance

YMCA memberships and programs are open to everyone. Financial assistance is available. To apply, pick up a confidential application at our Membership Desk at our facility located at 13500 Quito Road, Saratoga, CA 95070 or download it at [www.swymca.org](http://www.swymca.org).

## Questions?

For questions regarding Southwest YMCA Adventure Guides, please contact Steven Arruda at 408-608-6824 or [sarruda@ymcasv.org](mailto:sarruda@ymcasv.org).

# ADVENTURE GUIDES: REGISTRATION FORM

## 2012-2013

### PARTICIPANT'S INFORMATION:

Child's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Sex:  M  F

School Attending: \_\_\_\_\_

Grade:  K  1  2  3  4  5

Are you already part of an existing Circle?  Yes  No

If Yes, Circle Name: \_\_\_\_\_

Expedition Name:  **Awawas**  **Big Bear**  **California**  **El Gato**  **Sierra**  **Wilderness**

Do you need to be placed in a Circle?  Yes  No

Child's T-Shirt Size:  YS  YM  YL  AS

Second Child's Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_ Sex:  M  F

School Attending: \_\_\_\_\_

Grade:  K  1  2  3  4  5

Are you already part of an existing Circle?  Yes  No

If Yes, Circle Name: \_\_\_\_\_

Expedition Name:  **Awawas**  **Big Bear**  **California**  **El Gato**  **Sierra**  **Wilderness**

Do you need to be placed in a Circle?  Yes  No

Child's T-Shirt Size:  YS  YM  YL  AS

### PRIMARY CONTACT:

Parent/Guardian Name: \_\_\_\_\_

Day/Work Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

City: \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_

Adult's T-Shirt Size:  S  M  L  XL  XXL

REGISTRATION FEES	
Program Fee (1st Child)	\$75
Program Fee for each additional Child	\$50
Expedition Fees or Campout Fees	
\$25 Program Membership Fee (per child)*	
<b>TOTAL</b>	

For Use By Program Director Only:

Materials distributed to: \_\_\_\_\_

Program T-shirts (one adult and one per child)

Patches

Program Book

Staff initials: \_\_\_\_\_

Materials still needed: \_\_\_\_\_

Parent Contacted: \_\_\_\_\_

\* Program Membership Fee waived if you are a Facility Member

### Payment Information

My check or money order is enclosed.

Charge my:  Visa  Mastercard  Discover  AMEX

Account Number: \_\_\_\_\_

Exp. Date: \_\_\_\_\_

Name of Cardholder: \_\_\_\_\_

Signature: \_\_\_\_\_

Please see reverse side of this form for the Parent Code of Conduct.

## YMCA ADVENTURE GUIDES PARENT CODE OF CONDUCT

In keeping consistent with the YMCA and YMCA Adventure Guides Program goals and objectives, I hereby pledge to provide positive support, care, and encouragement for the children and families in the YMCA Adventure Guides Program by following this code of conduct.

- I will strive to meet the goals and objectives of the YMCA Adventure Guides Program.
- I will model and teach the YMCA core values—caring, honesty, respect, and responsibility.
- I understand the mission of the YMCA of Silicon Valley.
- I will follow the YMCA Adventure Guides Program Standards.
- I will help ensure a safe and healthy environment for my child to participate.
- I will provide support for Expedition Officers, Circle Officers, and the YMCA Staff working with my child to provide a positive and enjoyable experience for all.
- I will demonstrate positive role modeling through behavior, actions, and activities.
- I will support a drug and alcohol free environment and agree to prohibit their use at all events and activities.
- I will support a smoke free environment at all Circle, Expedition, and Federation activities and outings.
- I will encourage my child to treat other participants with respect regardless of race, sex, creed, or ability.
- I will help provide proper supervision for all children.

I have read and understand this code of conduct. I am fully aware that failure to support this code of conduct will jeopardize my participation in the Southwest YMCA Adventure Guides Program.



\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# RELEASE WAIVER OF LIABILITY AND INDEMNITY AGREEMENT

IN CONSIDERATION of being permitted to utilize the facilities, services, and programs of the YMCA (or for my children to participate) for any purpose, including, but not limited to observation or use of facilities, equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees, and represents that he or she has, or immediately upon entering or participating will inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgement that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use, or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage, or cost they may incur due to the presence of the undersigned or such children in, upon, or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releases or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR ANY RISK OF BODILY INJURY, DEATH, OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releases or in, about, or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or otherwise while participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER, AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE.

**X** \_\_\_\_\_  
Signature of Applicant/Parent                      Date                      Print Name of Child in Program

\_\_\_\_\_  
Print Name of Applicant/Parent

**X** \_\_\_\_\_  
Signature of Applicant/Parent                      Date                      Print Name of Child in Program

\_\_\_\_\_  
Print Name of Applicant/Parent