

Southwest YMCA



ADVENTURE GUIDES

Family Fun
Exploring Nature
for Kids Grades K – 5



Friends Forever

Southwest YMCA Adventure Guides

What is YMCA Adventure Guides?

The YMCA Adventure Guides program is designed to assist you and your child on your journey of discovery. While activities with the whole family are important, we see tremendous value in supporting and strengthening the ability of a parent and his or her child to communicate at an early age in ways that are caring, honest, respectful, and responsible. We seek to encourage you as a parent to “get to know your kid while your kid is still a kid.”

YMCA Adventure Guides is designed for parent/guardian and child to participation together for most activities. As part of a Circle, you participate in activities to explore family values, nature, friendships, and fun!

YMCA Adventure Guide Activities

Southwest YMCA staff will assign you to a small group of parent-child pairs called a Circle, who meet on a regular basis in each others' homes or at the Southwest YMCA. The frequency and dates of these meetings vary from Circle to Circle. Typical activities include ceremonies, games, crafts, songs, stories, and skits.

Several Circles come together to participate in larger activities such as campouts, parties, or parades on a month. These groups are called Expeditions. The core of the YMCA Adventure Guides program is Circle and Expedition meetings and adventures.



Who Can Participate?

YMCA Adventure Guides is for fathers (or other significant male adults in the children's lives) and their children ages five through eleven. An adult and child must attend program activities together as a pair. In the YMCA Adventure Guides, the parent/guardian is the Guide, and the child is the Explorer. Southwest YMCA Adventure Guides are divided by gender into fathers-daughters or father-sons Circles and Expeditions.

Finding a Circle

If you are filling out this registration form and already have a circle you are joining, please fill out that Circle name and Expedition name on the registration form. If you are new to YMCA Adventure Guides, Southwest YMCA staff will match your child with a Circle of peers from the same school or neighborhood. Please contact our staff if you have special concerns and/or requests.

Program Fees

Our program fee for each parent/child pair is \$75. The fee for each additional child is \$50 per child.

If you are not already a YMCA of Silicon Valley Facility Member or Program Member, there is a yearly Program Membership fee of \$25 per child which is good for one year and valid for all YMCA programs.

YMCA Adventure Guide fees include:

- Program T-shirts for adult and child
- Compass patch
- A program book
- The administrative support of Southwest YMCA and YMCA of Silicon Valley staff.

Expeditions will have their own additional Expedition or campout fees. These vary from Expedition to Expedition and pay for events including campouts, rock climbing, park entry fees, etc. Your Navigator (circle leader) or Treasure Keeper (circle treasurer) will provide more information.

Financial Assistance

YMCA memberships and programs are open to everyone. Financial assistance is available. To apply, pick up a confidential application at our Membership Desk at our facility located at 13500 Quito Road, Saratoga, CA 95070 or call 408.370.1877 to have it mailed to you.

Questions?

For questions regarding Southwest YMCA Adventure Guides, please contact Miranda Alaniz at 408-608-6834 or malaniz@ymcasv.org.

Southwest YMCA Adventure Guides Registration Form

Please sign Liability Waiver and Code of Conduct on back of this form.

PARTICIPANT'S INFORMATION:

Child's Name _____

Birthdate _____ Sex: M F

School Attending _____

Grade: K 1 2 3 4 5

Are you already part of an existing Circle? Yes No

If Yes, Circle Name _____

Expedition Name: Big Bear California El Gato

Sierra Wilderness

Do you need to be placed in a Circle? Yes No

Child's T-Shirt Size: YS YM YL AS

Second Child's Name _____

Birthdate _____ Sex: M F

School Attending _____

Grade: K 1 2 3 4 5

Are you already part of an existing Circle? Yes No

If Yes, Circle Name _____

Expedition Name: Big Bear California El Gato

Sierra Wilderness

Do you need to be placed in a Circle? Yes No

Child's T-Shirt Size: YS YM YL AS

PRIMARY CONTACT:

Parent/Guardian Name _____

Day/Work Phone _____

Address _____

Emergency Phone _____

City _____ Zip _____

Email _____

Adult's T-Shirt Size: S M L XL XXL

REGISTRATION FEES	
Program Fee (1st Child)	\$75
Program Fee for each additional Child	\$50
Expedition Fees or Campout Fees	
\$25 Program Membership Fee (per child)*	
TOTAL	

* Program Membership Fee waived if you are a Facility Member

Payment Information:

My check or money order is enclosed.

Charge my: Visa Mastercard Discover

AMEX

Account Number _____

Exp. Date _____

Name of Cardholder _____

Signature _____

For Use By Program Director Only:

Materials distributed to: _____

Program T-shirts (one adult and one per child)

Patches

Program Book

Staff Initials: _____

Materials still needed: _____

Parent Contacted: _____

Join. Give. Volunteer. To become a YMCA member, to donate, or to volunteer your time to build strong kids, strong families and strong communities, visit www.ymcasv.org/southwest/ or call (408) 370-1877.

Southwest YMCA
13500 Quito Road
Saratoga, CA 95070
408.370.1877

www.ymcasv.org/southwest/



YMCA ADVENTURE GUIDES PARENT CODE OF CONDUCT

In keeping consistent with the YMCA and YMCA Adventure Guides Program goals and objectives, I hereby pledge to provide positive support, care and encouragement for the children and families in the YMCA Adventure Guides Program by following this code of conduct.

- I will strive to meet the goals and objectives of the YMCA Adventure Guides Program.
- I will model and teach the YMCA core values—caring, honesty, respect and responsibility.
- I understand the mission of the YMCA of Silicon Valley.
- I will follow the YMCA Adventure Guides Program Standards.
- I will help ensure a safe and healthy environment for my child to participate.
- I will provide support for Expedition Officers, Circle Officers, and the YMCA Staff working with my child to provide a positive and enjoyable experience for all.

- I will demonstrate positive role modeling through behavior, actions, and activities.
- I will support a drug and alcohol free environment for my child and agree to prohibit their use at all events and activities.
- I will support a smoke free environment at all Circle, Expedition, and Federation activities and outings.
- I will encourage my child to treat other participants with respect regardless of race, sex, creed, or ability.
- I will help provide proper supervision for all children.

I have read and understand this code of conduct. I am fully aware that failure to support this code of conduct will jeopardize my participation in the Southwest YMCA Adventure Guides Program.

X _____
 Parent/Guardian Signature Date

**YMCA OF SILICON VALLEY
RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT**

IN CONSIDERATION of being permitted to utilize the facilities, services and programs of the YMCA (or for my children to so participate) for any purpose, including, but not limited to observation or use of facilities or equipment, or participation in any off-site program affiliated with the YMCA, the undersigned, for himself or herself and such participating children and any personal representatives, heirs, and next of kin, hereby acknowledges, agrees and represents that he or she has, or immediately upon entering or participating will, inspect and carefully consider such premises and facilities or the affiliated program. It is further warranted that such entry into the YMCA for observation or use of any facilities or equipment or participation in such affiliated program constitutes an acknowledgment that such premises and all facilities and equipment thereon and such affiliated program have been inspected and carefully considered and that the undersigned finds and accepts same as being safe and reasonably suited for the purpose of such observation, use or participation by the undersigned and such children.

IN FURTHER CONSIDERATION OF BEING PERMITTED TO ENTER THE YMCA FOR ANY PURPOSE INCLUDING, BUT NOT LIMITED TO OBSERVATION OR USE OF FACILITIES OR EQUIPMENT, OR PARTICIPATION IN ANY OFF-SITE PROGRAM AFFILIATED WITH THE YMCA, THE UNDERSIGNED HEREBY AGREES TO THE FOLLOWING:

1. THE UNDERSIGNED, ON HIS OR HER BEHALF AND BEHALF OF SUCH CHILDREN, HEREBY RELEASES, WAIVES, DISCHARGES AND CONVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned or such children and all his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the releases or otherwise while the undersigned or such children is in, upon, or about the premises or any facilities or equipment therein or participating in any program affiliated with the YMCA.
2. THE UNDERSIGNED HEREBY AGREES TO INDEMNIFY AND SAVE AND HOLD HARMLESS the releases and each of them from any loss, liability, damage or cost they may incur due to the presence of the undersigned or such children in, upon or about the YMCA premises or in any way observing or using any facilities or equipment of the YMCA or participating in any program affiliated with the YMCA whether caused by the negligence of the releases or otherwise.
3. THE UNDERSIGNED HEREBY ASSUMES FULL RESPONSIBILITY FOR AND RISK OF BODILY INJURY, DEATH OR PROPERTY DAMAGE to the undersigned or such children due to negligence of releases or in, about or upon the premises of the YMCA and/or while using the premises or any facilities or equipment thereon or otherwise while participating in any program affiliated with the YMCA.

THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements or inducement apart from the foregoing written agreement have been made.

I HAVE READ THIS RELEASE.

_____	_____	_____	_____
Signature of Applicant/Parent	Date	Print Name of Child in Program	Date
_____	_____	_____	_____
Print Name of Applicant/Parent	Date	Print Name of Child in Program	Date